Supplemental file 4.

To:

Sedentary behaviour IntervenTion as a personaLisEd Secondary prevention Strategy (SIT LESS) for coronary artery disease patients participating in cardiac rehabilitation: rationale and design of the SIT LESS randomised clinical trial

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Supplemental Table S2. Data catalogue SIT LESS RCT

Category	Subcategory	Variables
General	**Patient characteristics**	Age (years); sex (M/F); height (cm); weight (kg); BMI (kg/m^2); country of origin; smoking (yes/no, never/no, stopped. If yes or no, stopped: Packyears); Alcohol consumption (yes/no, never/no, stopped. If yes or no, stopped: Glasses/week and number of years)
	Index diagnosis and treatment	Hospital (Rijnstate, Arnhem/Bernhoven, Uden); Admission (date); primary diagnosis (STEMI/NSTEMI/UAP/AP); specify coronary artery disease (proximal RCA/mid RCA/distal RCA/RDP/LM/Proximal LAD/mid LAD/distal LAD/D1/D2/Proximal RCx/Intermediate RCx/Mid RCx/MO2/MO3/RPL/Graft); intervention (PCI/CABG/medication), complications hospitalisation (yes, specify/no), Medication at admission (ACE-inhibitor/ ARB/ acenocoumarol/ASA/beta-blocker/calcium-antagonist/clopidogrel/ Diuretics/DOAC/Entresto/ NSAID/Opioid/Paracetamol/Prasugrel/Proton-pump inhibitor/PCSK9-inhibitor/Statin /Ticagrelor/none/other relevant cardiovascular drugs); out-of-hospital cardiac arrest (no/yes. If yes, duration and details); discharge (date)
	Social economic status and personal life	Living environment (urban area/rural area/transition area); type of house (detached/semi-detached/terraced house/corner house/apartment/sheltered home/other); marital status (single/married or civil partnership/divorced or broken up/living together/widow or widower); education (primary education/lower vocational education/secondary education/secondary vocational education/higher secondary education/university); Paid job last year (yes/no. If yes: average workdays per week (days); average work hours per week (h/week); type of work (mainly sedentary/partly sedentary/partly light physical active/physical active, partly sedentary/physical active/high intensity physical active). If no paid job: reason (pension/unemployed/household tasks/informal care/volunteer work/health problems/other); Average monthly total net income (<€1000/€1000-€2000/€2001-€3000/€3001-€4000/€4001-€5000/€5001-€6000/€6001-€7000/€7001-€8000/€8001-€9000/€9001-€10000/>€10001); personal description of financial situation (not sufficient/sometimes not sufficient/sufficient/comfortable); smartwatch (yes/no); monitor amount of steps (yes/no); do you have a dog (yes/no. If yes: current dog is the first dog (yes/no); since when do you have a dog (year); time of dog owner ship during your life (years); When you don't have a dog: Did you had a dog in the past (yes/no). If yes: until when did you have a dog (year) and how many years did you have a dog during your life (year)); When the person has a dog or lets the dog out from someone else: how many time do you let the dog out (number/day and number/week); how long do you let the dog out (less dan 30 min per day/30 min per day – 1 h per day/1-2 hours per day/2-3 hours per day/>3 hours per day); where do you let the dog out (neighbourhood/park or greening in or close to the neighbourhood/dog park in or close to the neighbourhood/forest or nature reserve.
	Medical history	Hypertension (yes/no/unknown); Diabetes Mellitus (yes/no/unknown); Family history of cardiovascular diseases (yes/no/unknown. If yes, specify); Dyslipidaemia (yes/no/unknown); Rheumatoid arthritis (yes/no/unknown); prior myocardial infarction (yes/no/unknown. If yes, date); prior coronary artery disease (yes/no/unknown. If yes, specify coronary artery disease and intervention); reduced left ventricular ejection fraction (yes/no/unknown. If yes, year of diagnosis and classification: mildly reduced 40-50%/moderately reduced 30-40%/severely reduced <30%); prior resuscitation (yes/no/unknown. If yes, cause: cardiac/pulmonary/brain injury/intoxication/hypo- or hyperthermia/electrolyte disturbances/hypovolemia); heart valve disease (yes/no/unknown. If yes, year of diagnosis and type of heart valve disease: aortic valve/mitral valve/pulmonary valve/tricuspid valve); atrial fibrillation (yes/no/unknown. If yes, type: paroxysmal/persistent/permanent); pacemaker implementation (yes/no/unknown); COPD (yes/no/unknown. If yes, GOLD classification: I/II/III/IV/unknown); peripheral artery disease (yes/no/unknown); neurological events (No/CVA/TIA); Depression (yes/no/unknown); kidney failure (yes/no/unknown. If yes, CKD stage: G3a/G3b/G4/G5); malignancy diagnosed (no/yes,

		in the past 5 years/yes, but not in the past 5 years. If yes, kind of malignancy: lung/breast/dermal/colon/blood/brain/stomach/oesophageal/other)
	Blood samples	Date and time of lab results; haemoglobin (mmol/l); sodium (mmol/l); potassium (mmol/l); urea (mmol/l); creatine (umol/l); eGFR (MDRD) (ml/min/1.73m²); ASAT (u/L); CRP (mg/L); peak cardiac Troponin T/I (ng/L); peak creatine kinase (ng/L); LDL cholesterol (mmol/l); HDL cholesterol (mmol/l); total cholesterol (mmol/l); triglycerides (mmol/l); leucocytes ($*10^9$/l); thrombocytes ($*10^9$/l)
Primary, secondary and other outcomes	**Objective outcome measures**	Total sedentary time (h/day); sitting bouts (number/day); average duration of sitting bouts (h/day); sitting bouts <30 min (number/day); sitting bouts < 1 hour (number/day); sitting bouts > 1 hour (number/day); proportion of participants with a decrease in time spent sedentary of 30 min/day after CR (%); proportion of participants with a decrease in time spent sedentary of 60 min/day after CR (%); Total light-intensity physical activity (h/day); Total moderate-to-vigorous intensity physical activity (h/day)
	Subjective outcome measures	Health-related quality of life (HeartQoL score); Patients' competencies for self-management (PAM score); Total sedentary time (h/day); Sedentary time during work (h/day); Sedentary time during transportation (h/day); Sedentary time during leisure time (h/day); total physical activity (h/day); physical activity during work (h/day); physical activity during transportation (h/day); physical activity during household tasks (h/day); physical activity during leisure time (h/day)
	Functional outcome measures	Timed up&go (s); Handgrip strength test (kg)
	Events	Mortality (yes/no. If yes: date); Cardiovascular mortality (yes/no. If yes: date); MACE (date, details); rehospitalization (yes/no. If yes, type of event: myocardial infarction/heart failure/atypical thoracic pain/(unstable) angina pectoris/non-cardiovascular; days), recurrence of acute coronary events (if yes: STEMI/NSTEMI; revascularization: yes/no)
Cardiac rehabilitation	**General**	Start of CR (date); Physiotherapy sessions (yes/no. If yes: where: hospital/primary care. If in the hospital: sessions (number), first session (date), last session (date)); Patient has fulfilled the CR programme (yes/no); end of CR (date).
	Medical	Medication at start and end of cardiac rehabilitation (ACE-inhibitor/ ARB/ acenocoumarol/ASA/beta-blocker/calcium-antagonist/clopidogrel/ Diuretics/DOAC/Entresto/ NSAID/Opioid/Paracetamol/Prasugrel/Proton-pump inhibitor/PCSK9-inhibitor/Statin /Ticagrelor/none/other relevant cardiovascular drugs); blood pressure baseline (mmHg); baseline blood pressure measurement (day); blood pressure at follow-up (mmHg); follow-up blood pressure measurement (day); smoking at follow-up (yes/no, never/no, stopped. If yes or no, stopped: Packyears); cardiovascular risk score at baseline (SMART score); cardiovascular risk score at follow-up (SMART score); blood samples (haemoglobin (mmol/l); leucocytes ($*10^9$/l); thrombocytes ($*10^9$/l); LDL cholesterol (mmol/l); HDL cholesterol (mmol/l); total cholesterol (mmol/l); triglycerides (mmol/l))
	Activity tracker (intervention group)	Average sedentary time per week (h/day); (prolonged) sitting bouts (number/day); valid wear days (number)

BMI, Body mass index; STEMI, ST-Elevated Myocardial Infarction; NSTEMI, Non ST-Elevated Myocardial Infarction; UAP, Unstable Angina Pectoris; AP, Angina Pectoris; RCA, Right Coronary Artery; RDP, Right Posterior Descending Posterior; LM, Left Main; LAD, Left Anterior Descending; D, diagonal; RCx, Ramus Circumflex; MO, Margo Obtusis; RPL, Right Posterolateral; PCI, percutaneous coronary intervention; CABG, coronary artery bypass grafting; ACE-inhibitor, Angiotensin-converting enzyme inhibitor; ARB, Angiotensin receptor blocker; ASA, acetylsalicyclic acid; DOAC, Direct oral anticoagulants; NSAID, non-steroidal anti-inflammatory drug; PCSK9, proprotein convertase subtilisin/kexin type 9; COPD, chronic obstructive pulmonary disease; GOLD, Global initiative for chronic Obstructive Lung Disease; CVA, Cerebro Vascular Accident; TIA, Transient Ischemic Attack; CKD, Chronic kidney disease; eGFR, Glomerular Filtration Rate; MDRD,

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Modification of Diet in Renal Disease; ASAT, ASpartate AminoTransferase; CR, cardiac rehabilitation; CRP, C-reactive protein; LDL, low-density lipoprotein; HDL, high-density lipoprotein); HeartQoL, Heart Quality of Life; PAM, Patient Activation Measure; SBQ, sedentary behaviour questionnaire; SQUASH, Short Questionnaire to Assess Health-enhancing physical activity; MACE, Major adverse Cardiovascular Event; SMART, Second Manifestation of ARTerial disease.